GEORGE MASON UNIVERSITY
SCHOOL OF RECREATION, HEALTH, AND TOURISM
B.S. DEGREE IN HEALTH, FITNSS AND RECREATION RESOURCES
HEALTH PROMOTION (HP) CONCENTRATION (201 A Bull Run Hall, 703-993-2060)
http://rht.gmu.edu/exs_hpr/index.html
2010-2011 CATALOG

	Department(s) & Course #(s)	Completed/ Grade(s)	Needed
GENERAL EDUCATION REQUIREMENTS (38)			
a. Composition: English 101 (100), 302 (C or better) (3,3)		___ ___	___ ___
b. Communication 100 or 101 (please circle choice) (3)		_____	_____
c. STAT 250 (3)		_____	_____
d. Literature (3)	_____	_____	_____
e. Fine Arts (3)	_____	_____	_____
f. Social Sciences:			
Western Civilization (3)	_____	_____	_____
Social & Behavioral Science (e.g., HEAL 230) (3)	_____	_____	_____
g. BIOL 124, 125 (4,4)		___ ___	___ ___
h. Global Understanding (3)	_____	_____	_____
i. Information Technology (3)	_____	_____	_____
j. Synthesis (satisfied by HEAL 490)			

Go to: http://chss.gmu.edu/gened to link to information on general education requirements.

PROFESSIONAL SEQUENCE (70)		
a. HEAL 205 (4)	a. _____	_____
b. HEAL 220 (3)	b. _____	_____
c. HEAL 230 or PHED 410 or PRLS 317(3)	c. _____	_____
d. HEAL 314 (3)	d. _____	_____
e. HEAL 323 (3)	e. _____	_____
f. HEAL 330 (3)	f. _____	_____
g. HEAL 350 or PRLS 327(3)	g. _____	_____
h. HEAL 372 (3)	h. _____	_____
i. HEAL 430 (3)	i. _____	_____
j. HEAL 450 (3)	j. _____	_____
k. HEAL 490 (12)	k. _____	_____
l. PHED 200 (3)	l. _____	_____
m. PHED 365 (3)	m. _____	_____
n. PRLS 310 (3)	n. _____	_____
o. PRLS 410 (3)	o. _____	_____
p. PRLS 411 (3)	p. _____	_____
q. PRLS 450 (3)	q. _____	_____
r. PRLS 460 (3)	r. _____	_____
s. Choose two from the following: (3, 3)(circle choices) HEAL 310, 312, 325, 327	s. ____ ____	____ ____

GENERAL ELECTIVES (12) (List courses)

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

MINIMUM HOURS TO GRADUATE: 120

UPPER DIVISION HOURS (minimum 45):

This planning form is intended to be used in consultation with your academic advisor and reflects the requirements for the 2010-2011 Catalog; the University Catalog is the official reference for program requirements.

COURSE LISTS (HEALTH, FITNESS, AND RECREATION RESOURCES: HEALTH PROMOTION)

University General Education Requirements

Written Communication: ENGL 101 (or 100) and ENGL 302

Oral Communication: COMM 100 or COMM 101

Quantitative Reasoning: STAT 250.

Literature: ARAB 325; CHIN 310, 311, 325, 328; CLAS 250, 260, 340, 350, 360, 380; ENGL 201, 202, 203, 204; FREN 325, 329; FRLN 330; GERM 325; ITAL 325; PHIL 253; RELI 235; RUSS 325, 326, 327; SPAN 325

Fine Arts: ARTH 101, 102, 103, 200, 201, 203, 204, 321, 322, 324, 333, 334, 340, 341, 342, 344, 345, 360, 362, 372, 373, 376; AVT 103, 104, 215, 222, 232, 243, 252, 253, 262, 272; DANC 101, 119, 125, 131, 145, 161, 225, 231, 245, 301, 390, 391; ENGL 332, 396; MUSI 100, 101, 102, 107, 301, 302, 380, 381, 382, 383, 384, 385, 387, 389, 485; PHIL 156; THR 101, 150, 151, 210, 230, 395.

Western Civilization: HIST 100 or 125**;** transfer students may substitute the following courses for HIST 100 or 125: HIST 101, 102, 301, 302, 304, 305, 306, 308, 309, 314, 321, 322, 388, 435, 436, 480.

Social and Behavioral Sciences: AFAM 200; ANTH 114, 120, 135, 396; CONF 101; CONS 410; CRIM 100; ECON 100, 103, 104, 105, 110, 111 (110 and 111 must be taken together); EDUC 372; GGS 103; GOVT 101, 103; HEAL 230; HIST 121, 122; LING 326; PSYC 100, 211, 231; SOCI 101; SOM 100; TOUR 311; WMST 200

Natural Sciences: **BIOL 124, 125**

Global Understanding: ANTH 302, 304, 306, 307, 308, 309, 311, 312, 313, 331, 332, 333, 385; ARTH 319, 320, 380, 382, 383, 384, 385, 386; CEIE 100; COMM 305, 456; CRIM 405; DANC 118, 318; ECON 360, 361, 362, 380, 390; ENGL 349, 350; GCH 205; GGS 101; GLOA 101; GOVT 132, 133; HIST 130, 251, 252, 261, 262, 271, 272, 281, 282, 328, 329, 356, 358, 360, 364, 365, 387, 460, 462; JAPA 310; MSOM 305; MUSI 103, 431; PSYC 379; RELI 100, 211, 212, 313, 315, 341, 374; RUSS 354; SOCI 120, 320, 332; SPAN 322; THR 359, TOUR 210; WMST 100

Information Technology: **One of these courses:** ANTH 395, CDS 130, CHEM 350, CRIM 300, ENGR 117, GOVT 300, IT 103, MUSI 415 **or Course(s) from a) and one course from b): a)** AVT 180; CS 112; PHYS 251; PSYC 300, 301, & 372 (all three must be taken and in sequence); SOCI 410 **b)** CDS 151, CS 105, ENGR 107, ENGR 401, IT 304, PHIL 112

Synthesis: **HEAL 490**