

GEORGE MASON UNIVERSITY
SCHOOL OF RECREATION, HEALTH, AND TOURISM
B.S. DEGREE IN HEALTH, FITNESS AND RECREATION RESOURCES
EXERCISE SCIENCE (ES) CONCENTRATION (201A Bull Run Hall, 703-993-2060)
http://rht.gmu.edu/exs_hpr/index.html
2009-2010 CATALOG

<u>GENERAL EDUCATION REQUIREMENTS (38)</u>	<u>Department(s) & Course #(s)</u>	<u>Completed/ Grade(s)</u>	<u>Needed</u>
a. Composition: English 101 (100), 302 (C or better) (3,3)		_____	_____
b. Communication 100 or 101 (please circle choice) (3)		_____	_____
c. STAT 250 (3)		_____	_____
d. Literature (3)		_____	_____
e. Fine Arts (3)	_____	_____	_____
f. Social Sciences:			
Western Civilization (3)		_____	_____
Social & Behavioral Science (e.g., HEAL 230) (3)	_____	_____	_____
g. BIOL 124, 125 (4,4)	_____	_____	_____
h. Global Understanding (3)	_____	_____	_____
i. Information Technology (3)	_____	_____	_____
j. Synthesis (satisfied by HEAL 490)		_____	_____

Go to: <http://chss.gmu.edu/gened> to link to information on general education requirements.

PROFESSIONAL SEQUENCE (71)

a. HEAL 205 (4)		a. _____	_____
b. HEAL 220 (3)		b. _____	_____
c. HEAL 323 (3)		c. _____	_____
d. HEAL 330 (3)		d. _____	_____
e. HEAL 350 or PRLS 327 (3)		e. _____	_____
f. HEAL 430 (3)		f. _____	_____
g. HEAL 490 (12)		g. _____	_____
h. PHED 200 (3)		h. _____	_____
i. PHED 300 (3)		i. _____	_____
j. PHED 364 (3)		j. _____	_____
k. PHED 365 (3)		k. _____	_____
l. PHED 410 or HEAL 230 or PRLS 317(3)		l. _____	_____
m. PHED 450 (4)		m. _____	_____
n. PRLS 310 (3)		n. _____	_____
o. PRLS 405 (3)		o. _____	_____
p. PRLS 410 (3)		p. _____	_____
q. PRLS 411 (3)		q. _____	_____
r. PRLS 450 (3)		r. _____	_____
s. PRLS 460 (3)		s. _____	_____
t. SPMT 304 (3)		t. _____	_____

GENERAL ELECTIVES (11) (List courses)

_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

MINIMUM HOURS TO GRADUATE: 120

UPPER DIVISION HOURS (minimum 45):

This planning form is intended to be used in consultation with your academic advisor and reflects the requirements for the 2009-2010 Catalog; the University Catalog is the official reference for program requirements.