

**GEORGE MASON UNIVERSITY**  
**SCHOOL OF RECREATION, HEALTH, AND TOURISM**  
**B.S. DEGREE IN HEALTH, FITNESS AND RECREATION RESOURCES**  
**HEALTH PROMOTION (HP) CONCENTRATION (201 A Bull Run Hall, 703-993-2060)**  
[http://rht.gmu.edu/exs\\_hpr/index.html](http://rht.gmu.edu/exs_hpr/index.html)  
**2009-2010 CATALOG**

	<u>Department(s) &amp; Course #(s)</u>	<u>Completed/ Grade(s)</u>	<u>Needed</u>
<b><u>GENERAL EDUCATION REQUIREMENTS (38)</u></b>			
a. Composition: English 101 (100), 302 (C or better) (3,3)		_____	_____
b. Communication 100 or 101 (please circle choice) (3)		_____	_____
c. STAT 250 (3)		_____	_____
d. Literature (3)		_____	_____
e. Fine Arts (3)	_____	_____	_____
f. Social Sciences:		_____	_____
Western Civilization (3)	_____	_____	_____
Social & Behavioral Science (e.g., HEAL 230)(3)	_____	_____	_____
g. BIOL 124, 125 (4,4)		_____	_____
h. Global Understanding (3)	_____	_____	_____
i. Information Technology (3)	_____	_____	_____
j. Synthesis (satisfied by HEAL 490)		_____	_____

Go to: <http://chss.gmu.edu/gened> to link to information on general education requirements.

**PROFESSIONAL SEQUENCE (70)**

a. HEAL 205 (4)	a.	_____	_____
b. HEAL 220 (3)	b.	_____	_____
c. HEAL 230 or PHED 410 or PRLS 317(3)	c.	_____	_____
d. HEAL 314 (3)	d.	_____	_____
e. HEAL 323 (3)	e.	_____	_____
f. HEAL 330 (3)	f.	_____	_____
g. HEAL 350 or PRLS 327(3)	g.	_____	_____
h. HEAL 372 (3)	h.	_____	_____
i. HEAL 430 (3)	i.	_____	_____
j. HEAL 450 (3)	j.	_____	_____
k. HEAL 490 (12)	k.	_____	_____
l. PHED 200 (3)	l.	_____	_____
m. PHED 365 (3)	m.	_____	_____
n. PRLS 310 (3)	n.	_____	_____
o. PRLS 410 (3)	o.	_____	_____
p. PRLS 411 (3)	p.	_____	_____
q. PRLS 450 (3)	q.	_____	_____
r. PRLS 460 (3)	r.	_____	_____
s. Choose two from the following: (3, 3)(circle choices) HEAL 310, 312, 325, 327	s.	_____	_____

**GENERAL ELECTIVES (12)** (List courses)

	_____	_____
	_____	_____
	_____	_____
	_____	_____

**MINIMUM HOURS TO GRADUATE: 120**

**UPPER DIVISION HOURS (minimum 45):**

This planning form is intended to be used in consultation with your academic advisor and reflects the requirements for the 2009-2010 Catalog; the University Catalog is the official reference for program requirements.