

**GEORGE MASON UNIVERSITY**  
**SCHOOL OF RECREATION, HEALTH, AND TOURISM**  
**B.S. DEGREE IN HEALTH, FITNESS AND RECREATION RESOURCES**  
**KINESIOLOGY (KNES) CONCENTRATION (201A Bull Run Hall, 703-993-2060)**  
[http://rht.gmu.edu/programs/kinesiology/degree\\_requirements/](http://rht.gmu.edu/programs/kinesiology/degree_requirements/)  
**2012-2013 CATALOG**

	<u>Department(s) &amp; Course #(s)</u>	<u>Completed/ Grade(s)</u>	<u>Needed</u>
<b><u>GENERAL EDUCATION REQUIREMENTS (38)</u></b>			
a. Written Communication: ENGH 101 (100), ENGH 302 (C or better) (3,3)		___ ___	___ ___
b. Oral Communication: COMM 100 or 101 (circle choice) (3)		___	___
c. STAT 250 (3)		___	___
d. Literature (3)	_____	___	___
e. Arts (3)	_____	___	___
f. Western Civilization (3)	_____	___	___
g. HEAL 230 (3)		___	___
h. BIOL 124, BIOL 125 (4,4)	_____, _____	___ ___	___ ___
i. Global Understanding (3)	_____	___	___
j. Information Technology (3)	_____	___	___
k. Synthesis (satisfied by HEAL 490)	_____	___	___

Go to: <http://chss.gmu.edu/general-education/all-requirements> to link to information on general education requirements.

**PROFESSIONAL SEQUENCE (75)**

a. ATEP 300 (3)		a. _____	_____
b. HEAL 110 (3)		b. _____	_____
c. HEAL 205 (4)		c. _____	_____
d. HEAL 330 (3)		d. _____	_____
e. KINE 100 (3)		e. _____	_____
f. KINE 200 (2)		f. _____	_____
g. KINE 310 (3)		g. _____	_____
h. KINE 330 (3)		h. _____	_____
i. KINE 341 (3)		i. _____	_____
j. KINE 350 (3)		j. _____	_____
k. KINE 360 (3)		k. _____	_____
l. KINE 370 (3)		l. _____	_____
m. KINE 380 (3)		m. _____	_____
n. KINE 400 (3)		n. _____	_____
o. KINE 410 (3)		o. _____	_____
p. KINE 420 (3)		p. _____	_____
q. KINE 441 (3)		q. _____	_____
r. KINE 490 (12)		r. _____	_____
s. PRLS 405 (3)		s. _____	_____
t. PRLS 450 (writing intensive course) (3)		t. _____	_____
u. PRLS 460 (3)		u. _____	_____
v. SPMT 320 (3)		v. _____	_____

**GENERAL ELECTIVES (7)** (List courses)

_____		___	___
_____		___	___

**MINIMUM HOURS TO GRADUATE: 120**

**UPPER DIVISION HOURS (minimum 45):**

This planning form is intended to be used in consultation with your academic advisor and reflects the requirements for the 2012-2013 Catalog; the University Catalog is the official reference for program requirements

# COURSE LISTS (HEALTH, FITNESS, AND RECREATION RESOURCES: KINESIOLOGY)

## University General Education Requirements

Written Communication: ENGH 101 (or 100) and ENGH 302

Oral Communication: COMM 100 or COMM 101

Quantitative Reasoning: STAT 250.

Literature: ARAB 325; CHIN 310, 311, 325, 328; CLAS 250, 260, 340, 350, 360, 380; ENGH 201, 202, 203, 204; FREN 325, 329; FRLN 330; GERM 325; ITAL 325; PHIL 253; RELI 235; RUSS 325, 326, 327; SPAN 325

Arts: ARTH 101, 102, 103, 200, 201, 203, 204, 321, 322, 324, 333, 334, 335, 340, 341, 342, 344, 345, 360, 362, 372, 373, 376; AVT 103, 104, 215, 222, 232, 243, 252, 253, 262, 272; DANC 101, 119, 125, 131, 145, 161, 225, 231, 245, 301, 390, 391; ENGH 370, 372, 396; FAVS 225; GAME 101; MUSI 100, 101, 102, 107, 301, 302, 380, 381, 382, 383, 384, 385, 387, 389, 485; PHIL 156; THR 101, 150, 151, 210, 230, 395, 411, 412.

Western Civilization: HIST 100 or 125; transfer students may substitute the following courses for HIST 100 or 125: HIST 101, 102, 202, 301, 302, 304, 305, 306, 308, 309, 314, 322, 387, 388, 435, 436, 480.

Social and Behavioral Sciences: HEAL 230

Natural Sciences: **BIOL 124, 125**

Global Understanding: ANTH 302, 304, 306, 307, 308, 309, 311, 312, 313, 316, 331, 332, 385; ARTH 319, 320, 380, 382, 383, 384, 385, 386; CEIE 100; COMM 305, 456; CRIM 405; DANC 118, 318, 418; ECON 360, 361, 362, 380, 390; ENGH 362, 366; GCH 205; GGS 101; GLOA 101; GOVT 132, 133; HIST 130, 251, 252, 261, 262, 271, 272, 281, 282, 328, 329, 356, 358, 360, 364, 365, 387, 460, 462; JAPA 310; MSOM 305; MUSI 103, 431; PHIL 243; PSYC 379; RELI 100, 211, 212, 313, 315, 341, 374; RUSS 354; SOCI 120, 320, 332; SPAN 322; SYST 100; THR 359, TOUR 210; WMST 100

Information Technology: **One of these courses**: ANTH 395, CDS 130, CHEM 350, CEIE 117, GOVT 300, HIST 390, IT 103, MUSI 415 **or Course(s) from a) and one course from b): a)** AVT 180; CS 112; PHYS 251; PSYC 300, 301, & 372 (all three must be taken and in sequence); SOCI 410 **b)** CDS 151, CEIE 409, CS 105, ENGR 107, IT 304, PHIL 112

Synthesis: **KINE 490**