

GEORGE MASON UNIVERSITY
SCHOOL OF RECREATION, HEALTH, AND TOURISM
B.S. DEGREE IN HEALTH, FITNESS AND RECREATION RESOURCES
PARKS AND OUTDOOR RECREATION (POR) CONCENTRATION
(228C Bull Run Hall, 703-993-2068)

<http://rht.gmu.edu/recreation-management>
2018 - 2019 CATALOG

	<u>Department(s) & Course #(s)</u>	<u>Completed/ Grade(s)</u>	<u>Needed</u>
<u>MASON CORE REQUIREMENTS (38)</u>			
a. Written Communication: ENGH 101 (100), ENGH 302 (C or better) (3,3)		___ ___	___ ___
b. Oral Communication: COMM 100 or 101 (circle choice) (3)		_____	_____
c. STAT 250 (3)		_____	_____
d. Literature (3)		_____	_____
e. Arts (3)	_____	_____	_____
f. Western Civilization (3)	_____	_____	_____
g. Social & Behavioral Science (3)	_____	_____	_____
h. Natural Science (4,4)	_____	_____	_____
i. Global Understanding (3)	_____	_____	_____
j. Information Technology (3)	_____	_____	_____
k. Synthesis (Satisfied by PRLS 490)	_____	_____	_____

Go to: <http://catalog.gmu.edu/mason-core/> to link to information on Mason Core requirements.

PROFESSIONAL SEQUENCE (68)

a. ATEP 120 (2)		a. _____	_____
b. PRLS 210 (3)		b. _____	_____
c. PRLS 241 (3)		c. _____	_____
d. PRLS 300 (3)		d. _____	_____
e. PRLS 302 (3)		e. _____	_____
f. PRLS 310 (3)		f. _____	_____
g. PRLS 316 (3)		g. _____	_____
h. PRLS 317 (3)		h. _____	_____
i. PRLS 327 (3)		i. _____	_____
j. PRLS 323 (3)		j. _____	_____
k. PRLS 362 (3)		k. _____	_____
l. PRLS 402 (3)		l. _____	_____
m. PRLS 405 (3)		m. _____	_____
n. PRLS 410 (3)		n. _____	_____
o. PRLS 411 (3)		o. _____	_____
p. PRLS 460 (3)		p. _____	_____
q. PRLS 490 (12)		q. _____	_____
r. PRLS 501 (3)		r. _____	_____
s. SRST 200 (3)		s. _____	_____
t. SRST 450 (writing intensive course) (3)		t. _____	_____

GENERAL ELECTIVES (14) (List courses) Any course including Physical Activity or Lifetime Wellness courses. Or a minor.

		___ ___	___ ___
		___ ___	___ ___
		___ ___	___ ___

MINIMUM 120 HOURS (including Minimum 45 UPPER DIVISION HOURS) to Graduate

This planning form is intended to be used in consultation with your academic advisor and reflects the requirements for the 2018 - 2019 Catalog; the University Catalog is the official reference for program requirements.

Parks and Outdoor Recreation Concentration (POR) 2018-2019

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❖ **Mason Core, 38 credits:** For current list of approved courses: catalog.gmu.edu/mason-core/

- Written Communication - 3 Credits (ENGH 101^C)
- Written Communication - 3 Credits (ENGH 302^C)
- Oral Communication - 3 credits
- Information Technology - 3 Credits
- Quantitative Reasoning - 3 Credits (STAT 250^C)
- Literature - 3 Credits
- Arts - 3 Credits
- Western Civilization - 3 Credits
- Social and Behavioral Sciences - 3 Credits
- Global Understanding - 3 Credits
- Natural Science - 8 Credits (2 Lab Sciences)

❖ **Parks and Outdoor Recreation - Recreation Management Concentration, 68 credits**

- ATEP 120: First Aid & Emergency Care
- PRLS 210: Intro Recreation & Leisure
- PRLS 241: Practicum
- PRLS 300: People with Nature
- PRLS 302: Park Mgt and Operations
- PRLS 310: Program Planning & Eval.
- PRLS 316: Leadership and Outdoor Ed
- PRLS 317: Social Psyc of Play/Recreation
- PRLS 323: Program Leadership/Evaluation
- PRLS 327: Foundation Therapeutic Rec
- PRLS 362: Cultural/Environ Interpretation
- PRLS 402: Human Behav in Nat. Environ.
- PRLS 405: Planning and Op of Rec Fac.
- PRLS 410: Admin of SRT Orgs I
- PRLS 411: Admin of SRT Orgs II
- PRLS 460: Sport and Recreation Law
- PRLS 490: Rec Mgt Internship
- PRLS 501: Intro to Natural Resources Law
- SRST 200: Hist of Sport/Leisure America
- SRST 450: Research Methods

❖ **Electives, 14 credits (Suggested: PRLS 220, and RECR)**

Total: 120 Credits

Suggested Academic Plan (to be supplemented by Mason Core and Electives)

Semester	Course	Credits	Prerequisites
1 st Year Fall	PRLS 210 Intro to Recreation & Leisure	3	
	SRST 200 History of Sport & Leisure in America	3	
1 st Year Spring	ATEP 120 First Aid & Emergency Care	2	
2 nd Year Fall	PRLS 300 People with Nature	3	
	PRLS 310 Program Planning & Evaluation	3	<i>PRLS 210 or SRST 200</i>
	PRLS 316 Leadership and Outdoor Education	3	
2 nd Year Spring	PRLS 241 Practicum	3	<i>PRLS 210 or PRLS 327</i>
	PRLS 317 Social Psychology of Play & Recreation	3	<i>PRLS 210 or SRST 200</i>
	PRLS 327 Foundations of Therapeutic Recreation	3	
	PRLS 323 Program Leadership & Evaluation	3	<i>PRLS 310</i>
3 rd Year Fall	PRLS 302 Park Management & Operations	3	
	PRLS 405 Planning and Oper of Rec Facilities	3	
	PRLS 410 Admin of SRT Organizations I	3	
	STAT 250 Introduction to Statistics	3	
3 rd Year Spring	PRLS 402 Human Behavior in the Natural Environ.	3	<i>PRLS 300</i>
	SRST 450 Research Methods (Writing Intensive)	3	<i>STAT 250</i>
	PRLS 460 Sport & Recreation Law	3	
	PRLS 362 Cultural & Environ. Interpretation	3	
4 th Year Fall	PRLS 411 Administration of SRT Organizations II	3	<i>PRLS 410</i>
	PRLS 501 Intro to Natural Resources Law	3	<i>PRLS 460</i>
4 th Year Spring	PRLS 490 Rec Mgt Internship - Capstone	12	<i>All courses completed/ Mandatory Internship Meeting</i>

Academic Requirements: 120 total credits; 45 upper level credit hours; 30 hours (12 upper level) GMU residency requirement; completion of Mason Core courses; and GPA of at least 2.0

Accredited by The Council on Accreditation of Parks, Recreation, Tourism and Related Professions (COAPRT)

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Suggested Transfer Academic Plan for Parks and Outdoor Recreation - Recreation Management Concentration:

- Assumes all Mason Core requirements (except ENGH 302 and Stat 250) and electives have been met.
- If 14 credits of electives have not been acquired, they must supplement this plan.

Semester	Course	Credits	Prerequisites
1 st Year Fall	PRLS 210 Intro to Recreation & Leisure	3	
	SRST 200 History of Sport & Leisure in America	3	
	ATEP 120 First Aid & Emergency Care	2	
	PRLS 300 People with Nature	3	
	PRLS 316 Leadership and Outdoor Education	3	
1 st Year Spring	ENGH 302 Advanced Composition	3	<i>Lower-level ENGH^C</i>
	PRLS 310 Program Planning & Evaluation	3	<i>PRLS 210 or SRST 200</i>
	PRLS 317 Social Psychology of Play & Rec	3	<i>PRLS 210 or SRST 200</i>
	PRLS 327 Foundations of Therapeutic Recreation	3	
	PRLS 241 Practicum	3	<i>PRLS 210 or PRLS 327</i>
1 st Year Summer	PRLS 410 Admin of SRT Organizations I	3	
	PRLS 460 Sport and Recreation Law	3	
2 nd Year Fall	PRLS 323 Program Leadership & Evaluation	3	<i>PRLS 310</i>
	PRLS 302 Park Management & Operations	3	
	PRLS 405 Planning and Operation of Rec Facilities	3	
	PRLS 411 Admin of SRT Organizations II	3	<i>PRLS 410</i>
	STAT 250 Intro to Statistics	3	
2 nd Year Spring	PRLS 402 Human Behavior in the Natural Environ,	3	<i>PRLS 300</i>
	SRST 450 Research Methods (Writing Intensive)	3	<i>STAT 250</i>
	PRLS 501 Intro to Natural Resources Law	3	<i>PRLS 460</i>
	PRLS 362 Cultural & Environmental Interpretation	3	
2 nd Year Summer	PRLS 490 Rec Mgt Internship - Capstone	12	<i>All courses completed/ Mandatory Internship Meeting</i>

Academic Requirements: 120 total credits; 45 upper level credit hours; 30 hours (12 upper level) GMU residency requirement; completion of Mason Core courses; and GPA of at least 2.0

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*All campus locations are subject to change. Classes listed as PW are located on the Science and Technology Campus (SciTech)

Parks and Outdoor Advising Questions

<https://rht.gmu.edu/recreation-management/>

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Appointments: <https://rht.gmu.edu/recreation-management/advising>