

GEORGE MASON UNIVERSITY
SCHOOL OF RECREATION, HEALTH, AND TOURISM
B.S. DEGREE IN HEALTH, FITNESS AND RECREATION RESOURCES
THERAPEUTIC RECREATION (TR) CONCENTRATION (228C Bull Run Hall, 703-993-2068)
<http://rht.gmu.edu/therapeutic-recreation/>
2018 - 2019 CATALOG

	<u>Department(s) & Course #(s)</u>	<u>Completed/ Grade(s)</u>	<u>Needed</u>
<u>MASON CORE REQUIREMENTS (38)</u>			
a. Written Communication: ENGH 101 (100), ENGH 302 (C or better) (3,3)		___ ___	___ ___
b. Oral Communication: COMM 100 or 101 (circle choice) (3)		_____	_____
c. STAT 250 (3)		_____	_____
d. Literature (3)	_____	_____	_____
e. Arts (3)	_____	_____	_____
f. Western Civilization (3)	_____	_____	_____
g. PSYC 100 (3)		_____	_____
h. BIOL 124, BIOL 125 (4,4)		___ ___	___ ___
i. Global Understanding (3)	_____	_____	_____
j. Information Technology (3)	_____	_____	_____
k. Synthesis (satisfied by PRLS 490)		_____	_____

Go to: <http://catalog.gmu.edu/mason-core/> to link to information on Mason Core requirements.

PROFESSIONAL SEQUENCE (71)

a. ATEP 120 (2)	a. _____	_____
b. KINE 450 (3) (satisfies the Writing Intensive requirement)	b. _____	_____
c. PRLS 210 (3)	c. _____	_____
d. PRLS 241 (3)	d. _____	_____
e. PRLS 310 (3)	e. _____	_____
f. PRLS 316 (3)	f. _____	_____
g. PRLS 317 (3)	g. _____	_____
h. PRLS 323 (3)	h. _____	_____
i. PRLS 327 (3)	i. _____	_____
j. PRLS 405 (3)	j. _____	_____
k. PRLS 410 (3)	k. _____	_____
l. PRLS 411 (3)	l. _____	_____
m. PRLS 416 (3)	m. _____	_____
n. PRLS 417 (3)	n. _____	_____
o. PRLS 418 (3)	o. _____	_____
p. PRLS 460 (3)	p. _____	_____
q. PRLS 490 (12)	q. _____	_____
r. PRLS 503 (3)	r. _____	_____
s. PSYC 211 (3)	s. _____	_____
t. PSYC 325 (3)	t. _____	_____
u. SRST 200 (3)	u. _____	_____

GENERAL ELECTIVES (11) (List courses) any course including physical activity for lifetime wellness courses, ATEP 201, or possible minor in Psychology.

MINIMUM 120 HOURS (including Minimum 45 UPPER DIVISION HOURS) to Graduate

This planning form is intended to be used in consultation with your academic advisor and reflects the requirements for the 2018 - 2019 Catalog; the University Catalog is the official reference for program requirements.

Therapeutic Recreation (TR) Concentration 2018-2019

Bachelor of Science Degree in Health, Fitness, and Recreation Resources

Visit us at rht.gmu.edu/tr/

- ❖ **Mason Core, 38 credits:** For current list of approved courses: catalog.gmu.edu/mason-core/
 - Written Communication - 3 Credits (**ENGL 101^C**)
 - Written Communication - 3 Credits (**ENGL 302^C**)
 - Oral Communication - 3 credits
 - Information Technology - 3 Credits
 - Quantitative Reasoning - 3 Credits (**STAT 250^C**)
 - Literature - 3 Credits
 - Arts - 3 Credits
 - Western Civilization - 3 Credits
 - Social and Behavioral Sciences - 3 Credits (**PSYC 100**)
 - Global Understanding - 3 Credits
 - Natural Science - 8 Credits (**BIOL 124^C &125**)
- ❖ **Therapeutic Recreation - Recreation Management Concentration, 71 credits**
 - ATEP 120: First Aid & Emergency Care
 - KINE 450: Research Methods
 - PRLS 210: Intro to Rec & Leisure
 - PRLS 241: Practicum
 - PRLS 310: Prog Planning & Evaluation
 - PRLS 316: Leadership and Outdoor Ed.
 - PRLS 317: Social Psych of Play & Rec
 - PRLS 323: Program Leadership & Eval.
 - PRLS 327: Foundations of TR
 - PRLS 405: Plan. and Oper of Rec Facilities
 - PRLS 410: Admin of SRT Orgs I
 - PRLS 411: Admin of SRT Orgs II
 - PRLS 416: Trends & Prog Assessment TR
 - PRLS 417: Processes, Technqs, & Sup. TR
 - PRLS 418: Assessment in TR
 - PRLS 460: Sport and Recreation Law
 - PRLS 490: Rec Mgt Internship
 - PRLS 503: Admin&Disability Rights in TR
 - PSYC 211: Developmental Psychology
 - PSYC 325: Abnormal Psychology
 - SRST 200: Hist Sport & Leisure America
- ❖ **Electives, 11 Credits:** (Suggested ATEP 201 Medical Terminology, RECR, Psychology minor)

Total: 120 Credits

Suggested Academic Plan (to be supplemented by Mason Core and Electives)

Semester	Course	Credits	Prerequisites
1 st Year Fall	PRLS 210 Intro to Recreation & Leisure	3	
	PSYC 100 Basic Concepts in Psychology	3	
	SRST 200 History of Sport & Leisure in America	3	
1 st Year Spring	BIOL 124 Human Anatomy & Physiology	4	
	PRLS 327 Foundations of TR	3	
	PSYC 211 Developmental Psychology	3	
2 nd Year Fall	ATEP 120 First Aid & Emergency Care	2	
	BIOL 125 Human Anatomy & Physiology	4	<i>BIOL 124</i>
	PRLS 310 Program Planning & Evaluation	3	<i>PRLS 210 or SRST 200</i>
	PRLS 416 Trends & Program Assessment in TR	3	<i>PRLS 327</i>
2 nd Year Spring	PRLS 241 Practicum	3	<i>PRLS 210 or PRLS 327</i>
	PRLS 323 Program Leadership and Evaluation	3	<i>PRLS 310</i>
	PRLS 317 Social Psych of Play & Rec	3	<i>PRLS 210 or SRST 200</i>
	PRLS 417 Processes, Techniques, & Sup. in TR	3	<i>PRLS 327</i>
3 rd Year Fall	PRLS 316 Leadership and Outdoor Education	3	
	PRLS 410 Admin of SRT Organizations I	3	
	PSYC 325 Abnormal Psychology	3	
3 rd Year Spring	PRLS 418 Assessment in Therapeutic Recreation	3	<i>PRLS 327</i>
	PRLS 460 Sport & Recreation Law	3	
	STAT 250 Introduction to Statistics I	3	
4 th Year Fall	PRLS 405 Plan and Operations of Rec Facilities	3	
	PRLS 411 Admin of SRT Organizations II	3	<i>PRLS 410</i>
	KINE 450 Research Methods (Writing Intensive)	3	<i>STAT 250, junior or senior status</i>
	PRLS 503 Admin & Disability Rights in TR	3	<i>PRLS 460</i>
4 th Year Spring	PRLS 490 Rec Mgt Internship - Capstone	12	<i>All courses completed/ Mandatory Internship Meeting</i>

Academic Requirements: 120 total credits; 45 upper level credit hours; 30 hours (12 upper level) GMU residency requirement; completion of Mason Core courses; and GPA of at least 2.0

Accredited by The Council on Accreditation of Parks, Recreation, Tourism and Related Professions (COAPRT)

Therapeutic Recreation (TR) Concentration 2018-2019

Bachelor of Science Degree in Health, Fitness, and Recreation Resources

visit us at rht.gmu.edu/tr/



Suggested Transfer Academic Plan for Therapeutic Recreation - Recreation Management Concentration:

- Assumes completion of BIOL 124, 125, and PSYC 100, *all* Mason Core [except ENGH 302 and STAT 250].
- If 11 credits of electives have not been acquired, they must supplement this plan

Semester	Course	Credits	Prerequisites
1 st Year Fall	ENGH 302 Advanced Composition	3	<i>Lower-level ENGH^C</i>
	ATEP 120 First Aid & Emergency Care	2	
	SRST 200 History of Sport & Leisure in America	3	
	PRLS 210 Intro to Recreation & Leisure	3	
	PRLS 316 Leadership and Outdoor Education	3	
1 st Year Spring	PRLS 310 Program Planning & Evaluation	3	<i>PRLS 210 or SRST 200</i>
	PRLS 317 Social Psych of Play & Recreation	3	<i>PRLS 210 or SRST 200</i>
	PRLS 327 Foundations of Therapeutic Recreation	3	
	PSYC 211 Developmental Psychology	3	
	PRLS 241 Practicum	3	<i>PRLS 210 or PRLS 327</i>
1 st Year Summer	PRLS 410 Admin of SRT Organizations I	3	
	PRLS 460 Sport & Recreation Law	3	
2 nd Year Fall	STAT 250 Introduction to Statistics I	3	
	PRLS 323 Program Leadership & Evaluation	3	<i>PRLS 310</i>
	PRLS 411 Admin of SRT Organizations II	3	<i>PRLS 410</i>
	PRLS 416 Trends & Program Assessment in TR	3	<i>PRLS 327</i>
	PRLS 503 Admin & Disability Rights in TR	3	<i>PRLS 460</i>
2 nd Year Spring	PRLS 405 Plan and Operation of Rec Facilities	3	
	PRLS 417 Processes, Techniques, & Sup. in TR	3	<i>PRLS 327</i>
	PRLS 418 Assessment in Therapeutic Recreation	3	<i>PRLS 327</i>
	KINE 450 Research Methods (Writing Intensive)	3	<i>STAT 250, junior or senior status</i>
	PSYC 325 Abnormal Psychology	3	
2 nd Year Summer	PRLS 490 Rec Mgt Internship - Capstone	12	<i>All courses completed/ Mandatory Internship Meeting</i>

Academic Requirements: 120 total credits; 45 upper level credit hours; 30 hours (12 upper level) GMU residency requirement; completion of Mason Core courses; and GPA of at least 2.0

Accredited by The Council on Accreditation of Parks, Recreation, Tourism and Related Professions (COAPRT)

Therapeutic Recreation Advising Questions

<https://rht.gmu.edu/recreation-management/>

Stormi Woltz

swoltz@gmu.edu

703-993-5261

Appointments: <https://rht.gmu.edu/recreation-management/advising>