

GEORGE MASON UNIVERSITY
DIVISION OF UNDERGRADUATE STUDIES IN EDUCATION (USIE)
B.S. Ed. DEGREE IN PHYSICAL EDUCATION
(HEALTH AND PHYSICAL EDUCATION LICENSURE PROGRAM, Pre K-12) (PHED)
(228B Bull Run Hall, 703-993-2096)

<http://rht.gmu.edu/health-and-physical-education/degree-requirements/>

2018 - 2019 CATALOG

	<u>Department(s) & Course #(s)</u>	<u>Completed/ Grade(s)</u>	<u>Needed</u>
<u>MASON CORE REQUIREMENTS (38)</u>			
a. Written Communication: ENGH 101 (100), ENGH 302 (C or better) (3,3)		___ ___	___ ___
b. Oral Communication: COMM 100 or 101 (circle choice) (3)		___	___
c. Quantitative Reasoning (3) <i>MATH 106 Recommended</i>		___	___
d. Literature (3)	_____	___	___
e. Arts (3)	_____	___	___
f. Western Civilization (3)	_____	___	___
g. Social & Behavioral Science (3)	_____	___	___
h. BIOL 124, BIOL 125 (4,4)		___ ___	___ ___
i. Global Understanding (3)	_____	___	___
j. Information Technology (3)	_____	___	___
k. Synthesis (Satisfied by PHED 415)			

Go to: <http://catalog.gmu.edu/mason-core/> to link to information on Mason Core requirements.

MAJOR REQUIREMENTS (82 hours required)

a. ATEP 120 (2)	a. _____	_____
b. ATEP 300 (3)	b. _____	_____
c. EDRD 300 (3)	c. _____	_____
d. EDUC 302 (3)	d. _____	_____
e. HEAL 110 (3)	e. _____	_____
f. HEAL 200 (1)	f. _____	_____
g. HEAL 250 (3)	g. _____	_____
h. HEAL 405 (3)	h. _____	_____
i. KINE 310 (3)	i. _____	_____
j. PHED 202 (3)	j. _____	_____
k. PHED 218 (2)	k. _____	_____
l. PHED 273 (3)	l. _____	_____
m. PHED 274 (2)	m. _____	_____
n. PHED 275 (2)	n. _____	_____
o. PHED 276 (3)	o. _____	_____
p. PHED 306 (3)	p. _____	_____
q. PHED 308 (3)	q. _____	_____
r. PHED 320 (2)	r. _____	_____
s. PHED 340 (writing intensive course) (3)	s. _____	_____
t. PHED 403 (3)	t. _____	_____
u. PHED 404 (3)	u. _____	_____
v. PHED 415 (12)	v. _____	_____
w. PRLS 316 (3)	w. _____	_____
x. Select 9 credits in electives	x. _____	_____

Note: Students are not permitted to enroll in HEAL 405 Teaching Methods in Health Education (K-12), PHED 308 Adapted Physical Education, PHED 403 Elementary School Instruction in Physical Education, PHED 404 Middle and High School Instruction in Physical Education, and PHED 415 Student Teaching in Physical Education (Mason Core), until they have met all BSEd application requirements. **See Department web site for information about acceptance into the PHED major:** <http://rht.gmu.edu/health-and-physical-education/bsed-status>

MINIMUM 120 HOURS (including Minimum 45 UPPER DIVISION HOURS) to Graduate

This planning form is intended to be used in consultation with your academic advisor and reflects the requirements for the 2018 - 2019 Catalog; the University Catalog is the official reference for program requirements.

Health and Physical Education (PHED) 2018-2019

Bachelor of Science in Education (B.S.Ed) in Physical Education

To schedule an advising appointment: rht.gmu.edu/health-and-physical-education/advising

Visit us at rht.gmu.edu/phed



❖ **Mason Core, 38 credits:** For current list of approved courses: catalog.gmu.edu/mason-core/

- Written Communication (Lower Level) - (ENGH 101^C)
- Written Communication (Upper Level) - (ENGH 302^C)
- Oral Communication - 3 credits
- Information Technology - 3 Credits
- Quantitative Reasoning - 3 Credits - (MATH 106^C)
- Literature - 3 Credits
- Arts - 3 Credits
- Western Civilization - 3 Credits
- Social and Behavioral Sciences - 3 Credits (i.e. HEAL 230^C)
- Global Understanding - 3 Credits
- Natural Science - 8 Credits (BIOL 124^C & 125)

❖ **Pre-Bachelor in Health & Physical Education (BPRED), 49 credits:**

- ATEP 120: First Aid & Emergency Care
- ATEP 300: Functional Anatomy
- EDRD 300: Literacy and Curriculum Integrtn
- EDUC 302: Human Growth & Development
- HEAL 110: Personal Health
- HEAL 200: School & Community Safety
- HEAL 250: Introduction to School Health
- KINE 310: Exercise Physiology I
- PHED 202: Teaching Skillful Movement
- PHED 218: Technology in Health & PE
- PHED 273: Net and Target Games
- PHED 274: Dance & Educational Gymnastics
- PHED 275: Field and Invasion Games
- PHED 276: Health-Related Fitness Education
- PHED 306: Psychomotor Learning
- PHED 320: Student Assessment in Health & PE
- PHED 340: Social and Cultural Issues in PE
- PRLS 316: Leadership and Outdoor Education

BSEd Status: 24 credits: Pre-reqs BIOL 124, 125, C or better in PHED 202, 2.5 GPA, pass Praxis I/VCLA, 10 Prof. Dev. Pts & accepted application

- HEAL 405: Teach. Methods in Health Ed. K-12
- PHED 308: Adapted Physical Education
- PHED 403: Elementary School Instruct. in PE
- PHED 404: Middle/HS School Instruct. in PE
- PHED 415: Student Teaching in PE
- C or better required in all BSEd courses

ELECTIVES: 9 Credits

Suggested Academic Plan (to be supplemented by Mason Core)

Semester	Courses	Credits	Prerequisites	Campus*
1 st Year Fall	HEAL 110 Personal Health	3		FX/Net
	PHED 202 ^C Teaching Skillful Movement	3		PW
	PHED 275 Field and Invasion Games	3		FX
	ELECTIVE	3		NET
1 st Year Spring	BIOL 124 ^C Human Anatomy & Physiology	4		FX/PW
	PHED 273 Net and Target Games	3		FX
	PHED 274 Dance & Educational Gymnastics	2		FX
	HEAL 200 School and Community Safety	1		PW/FX/NET
1 st Year Summer	Pass VCLA and Praxis Core Academic Skills or approved substitutes			
2 nd Year Fall	ATEP 300 Functional Anatomy	3	BIOL 124 ^C	PW
	BIOL 125 Human Anatomy & Physiology	4	BIOL 124 ^C	FX/PW
	EDUC 302 Human Growth and Development	3		FX
	PHED 276 Health-Related Fitness Education	3		FX
2 nd Year Spring	HEAL 250 Introduction to School Health	3		PW/NET
	ELECTIVE	3		PW/FX/NET
	PHED 218 Technology in Health and Physical Education	2		FX - hybrid
	PHED 320 Student Assessment in Health & Physical Educ.	3		PW
3 rd Year Fall	PHED 306 Psychomotor Learning	3		PW
	KINE 310 Exercise Physiology I	3		Net
	PRLS 316 Leadership and Outdoor Education	3	BIOL 124 ^C & 125	PW
	ELECTIVE	3		PW/FX/NET
3 rd Year Spring	ATEP 120 First Aid & Emergency Care	2		PW-Hybrid
	PHED 340 Social and Cultural Issues PE (Writing Intensive)	3		PW/FX/NET
	PHED 403 ^C Elementary School Instruction in Phys Ed.	3	BSEd Status	PW
	EDRD 300 Literacy and Curriculum Integration	3		FX
4 th Year Fall	Student Teaching Application by Sep 1 st for Spring placement and Feb 1 st for Fall Placement**			
	PHED 308 ^C Adapted Physical Education	3	BSEd Status	PW
	PHED 404 ^C Middle & HS Instruction in Physical Education	3	BSEd Status; PHED 403 ^C	PW
	HEAL 405 ^C Teaching Methods in Health Education (K-12)	3	BSEd Status, HEAL 250	PW
4 th Year Spring	**PHED 415 Student Teaching in PE - Capstone	12	Complete all PHED coursework, pass Praxis II, and approved Student Teaching application	PW

Academic Requirements: 120 total credits; 45 Upper Level Credit Hours; 30 Hours (with 12 being upper level major courses); GMU Residency Requirement; Completion of General Education Requirements (38 credits); GPA of at least 2.0 and 2.5 in major. Must complete PHED 415 within 5 years of PHED 202.

* All campus locations are subject to change. All classes listed as PW are located on the Science and Technology Campus (SciTech)

**Note: Our school and agency partners require Mason students to be fingerprinted and pass a criminal background check prior to field experience work. Students must assume the risk that classes may be deferred and their program delayed due to the individual severity of notations on such a check and review by individual agencies.

Health and Physical Education (PHED) 2018-2019

Bachelor of Science in Education (B.S.Ed) in Physical Education

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Suggested 2.5 Year Academic Plan (Assumes all Mason Core requirements have been met)

Semester	Courses	Credits	Prerequisites	Campus*
1 st Year Fall	PHED 202 ^c Teaching Skillful Movement	3		PW
	PHED 275 Field and Invasion Games	3		FX
	HEAL 110 Personal Health	3		FX/Net
	PHED 306 Psychomotor Learning	3		PW
1 st Year Spring	Pass VCLA and Praxis Core Academic Skills or approved substitutes			
	HEAL 250 Introduction to School Health	3		NET
	HEAL 200 School and Community Health	1		
	PHED 218 Technology in Health and Physical Education	2		FX - hybrid
	PHED 273 Net and Target Games	3		FX
	PHED 274 Dance & Educational Gymnastics	2		FX
	PHED 320 Student Assessment in Health and Physical Educ.	3		PW
1 st Year Summer	EDUC 302 Human Growth & Development	3		FX
	ATEP 300 Functional Anatomy	3	BIOL 124 ^c	PW
	ELECTIVE	3		PW/FX/NET
2 nd Year Fall	PHED 276 Health-Related Fitness Education	3		FX
	KINE 310 Exercise Physiology I	3	BIOL 124 ^c & 125	PW/Net
	PHED 308 ^c Adapted Physical Education	3	<i>BSEd status</i>	PW
	PHED 403 ^c Elementary School Instruction in Physical Educ	3	<i>BSEd Status</i>	PW
	PRLS 316 Leadership and Outdoor Education	3		PW
2 nd Year Spring	Student Teaching Application by Feb 1 st for Fall Placement and Sep 1 st for Spring placement**			
	ATEP 120 First Aid & Emergency Care	2		PW-Hybrid
	HEAL 405 ^c Teaching Methods in Health Education (K-12)	3	<i>BSEd status, HEAL 250</i>	PW
	PHED 340 Social and Cultural Issues in PE (Writing Intensive)	3		PW/FX/NET
	PHED 404 ^c Middle & HS Instruction in Physical Education	3	<i>BSEd Status; PHED 403^c</i>	PW
EDRD 300 Literacy and Curriculum Integration	3		FX	
2 nd Year Summer	ENGH 302 Advanced Composition	3	<i>Lower –level ENGH^c</i>	FX/Net
	ELECTIVE	3		PW/FX/NET
	ELECTIVE	3		PW/FX/NET
3 rd Year Fall	**PHED 415 Student Teaching in PE - Capstone	12	<i>Complete all PHED coursework, pass Praxis II, and approved Student Teaching application</i>	PW

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