

GEORGE MASON UNIVERSITY
B.A. DEGREE IN HUMAN DEVELOPMENT AND
FAMILY SCIENCE (Adult Development and Aging Concentration)
A joint program of the COLLEGE OF EDUCATION AND HUMAN DEVELOPMENT and
The COLLEGE OF HUMANITIES AND SOCIAL SCIENCES
1200 Thompson Hall; Monika Mak; (703) 993- 5856; mmak@gmu.edu
<http://hdfs.gmu.edu/human-development-family-science>
2018 - 2019 CATALOG

	<u>Department(s) & Course #(s)</u>	<u>Completed/ Grade(s)</u>	<u>Needed</u>
<u>MASON CORE REQUIREMENTS (*37)</u>			
a. Written Communication: ENGH 101 (100), ENGH 302 (C or better) (3,3)		___ ___	___ ___
b. Oral Communication: COMM 100 or 101 (please circle choice) (3)		___	___
c. Quantitative Reasoning (3)		___	___
d. Literature (3)	_____	___	___
e. Arts (3)	_____	___	___
f. Western Civilization (3)	_____	___	___
g. Social & Behavioral Science (3)	_____	___	___
h. Natural Science (4,3)	_____	___	___
i. Global Understanding (3)	_____	___	___
j. Information Technology (3)	_____	___	___
k. Synthesis (satisfied by HDFS 400)			

Go to: <http://catalog.gmu.edu/mason-core/> to link to information on Mason Core requirements.

COLLEGE REQUIREMENTS (*9-18)

a. Foreign Language: Proficiency in a foreign language through the intermediate level			
b. Philosophy or Religious Studies (3) (not PHIL 323, 324, 327, 393, 460) _____		___	___
(PHIL 253 and RELI 235 cannot be used to fulfill both the PHIL/RELI requirement and the Mason Core literature requirement.)			
c. Three credits in social & behavioral sciences in addition to the university-wide requirement in social & behavioral science for a total of 6 credits. The two courses used to fulfill the combined college and university requirements must be from different disciplines. This requirement may be fulfilled by completing any course in ANTH, CRIM, ECON, GOVT, HIST (except 100 or 125), LING, PSYC, or SOCI & these courses in GGS: 101, 103, 110, 301, 303, 304, 305, 306, 315, 316, 320, 325, 330, 357, 380.			
d. Non-Western Culture	_____	___	___

*The number of hours needed to fulfill Mason Core requirements may vary; see the University Catalog for information. The two courses used to fulfill the college and university requirements for social & behavioral sciences must be from different disciplines.

MAJOR REQUIREMENTS (33)

a. ECED 401 or PSYC 313 (circle one); ECED 404 or INTS 321 (circle one) (3,3)	a. ___ ___	___ ___
b. HDFS 200, HDFS 250 (3,3)	b. ___ ___	___ ___
c. HDFS 300, HDFS 400 (3,3)	c. ___ ___	___ ___
d. HDFS 401, HDFS 498 (3,3)	d. ___ ___	___ ___
e. HDFS 499; PSYC 415 or HHS 432 or SOCI 341 (3,3)	e. ___ ___	___ ___
f. SOCI 303 (3) or PSYC 301 (3)	f. ___ ___	___ ___

CONCENTRATION IN ADULT DEVELOPMENT AND AGING (15)

Fifteen credits chosen from the following (list courses): COMM 334 (3), COMM 399 (1-3), EDUC 203 (3), GCH 480 (3), HAP 301 (3), HAP 403 (3), HAP 445 (3), HEAL 220 (3), HEAL 310 (3), HEAL 327 (3), HEAL 331 (3), HEAL 351 (3), HEAL 372 (3); HHS 432 (3), INTS 310 (3-6), INTS 314 (6), INTS 317 (4), INTS 405 (4), INTS 410 (3-18), INTS 440 (3), PSYC 362 (3), PSYC 379 (3), PSYC 415 (3), PSYC 418 (3), PSYC 466 (3), SOCI 308 (3), SOCI 309 (3), SOCI 315 (3), SOCI 341 (3), SOCI 390 (3) SOCW 435 (3), WMST 300 (3), WMST 307 (3), or other course approved by the program director.

	___ ___	___ ___	___ ___
	___	___	___
	___	___	___

GENERAL ELECTIVES (14-23) (List courses)

	___ ___	___ ___	___ ___
	___	___	___
	___	___	___

MINIMUM 120 HOURS (including Minimum 45 UPPER DIVISION HOURS) to Graduate

This planning form is intended to be used in consultation with your academic advisor and reflects the requirements for the 2018 - 2019 Catalog; the University Catalog is the official reference for program requirements.

2018-2019

Bachelor of Arts in Human Development and Family Science Adult Development and Aging (ADA) Concentration

A joint interdisciplinary degree program with the College of Humanities and Social Sciences



For advising, contact Monica Mak at hdfs@gmu.edu, visit us at hdfs.gmu.edu

❖ **Mason Core, 40 credits:** For current list of approved courses: <http://provost.gmu.edu/gened/approved-course-listing/>

- Oral Communication - 3 credits
- Written Communication (Lower Level) - 3 Credits (**ENGH 101**)
- Written Communication (Upper Level) - 3 Credits (**ENGH 302**)
- Information Technology and Ethics - 3 Credits
- Quantitative Reasoning - 3 Credits
- Arts - 3 Credits
- Global Understanding - 3 Credits (**PSYC 379**)
- Literature - 3 Credits
- Natural Science - 7 Credits
- Social and Behavioral Sciences - 3 Credits (**PSYC 100**)
- Western Civilization - 3 Credits
- Synthesis – 3 credits (**HDFS 400**)

❖ **College-Level Requirements, 9-18 credits** (follow CHSS college-level requirements)

- Philosophy or Religion - 3 credits
- Non-Western Culture - 3 credits (must be different from the course used to fulfill Global Understanding)
- Social and Behavioral Sciences - 3 credits (**SOCI 101 or 102**) (this is in addition to university wide requirement in social and behavioral sciences for a total of 6 credits)
- Foreign Language – 0-9 credits (must achieve proficiency in a foreign language through the intermediate level (through coursework or testing to determine proficiency)

❖ **HDFS major coursework, 33-34 credits**

- HDFS 200: Individual and Family Development
- HDFS 250: Family Finance and Resource Management
- HDFS 300: Individual and Family Services Delivery
- HDFS 400: Advanced Family Processes
- HDFS 401: Family Law & Public Policy (**Writing Intensive**)
- HDFS 498: Internship
- HDFS 499: Advanced Internship
- ECED 401: Develop Pathways of Diverse Learners, Birth-Adolescence **OR** PSYC 313: Child Development
- INTS 321: Parent-Child Relations **OR** ECED 404: Engaging Families of Diverse Young Learners
- PSYC 415: Psychological Factors in Aging **OR** SOCI 341: Sociology of Aging **OR** HHS 432: Healthy Aging
- SOCI 303: Methods and Logic of Inquiry **OR** PSYC 301: Research Methods in Psychology

❖ **Adult Development and Aging Concentration (ADA) Electives, 15 credits** (Choose 15 credits from the list below or in consultation with your advisor*): This concentration prepares students for graduate education and careers working with older adults and their families (e.g., adult services).

- COMM 334: Family and Health Communication
- COMM 399: Mother-Daughter Rels and Communication
- EDUC 203: Human Disabilities in American Culture
- GCH 480: Health Maintenance and Health Aspects of Aging
- HAP 301: Healthcare Delivery in the US
- HAP 403: Asst Living/Senior Housing Mngt and Philosophy
- HAP 445: Intro to Health Services Research
- HAP 463: Aging and Health Care Policy
- HEAL 220: Dimensions of Mental Health
- HEAL 310: Drugs and Health
- HEAL 327: Women's Health
- HEAL 331: Men's Health
- HEAL 351: Relationship Health
- HEAL 372: Health Communication
- HHS 432: Healthy Aging
- INTS 310: Violence and Gender
- INTS 314: Conflict, Trauma and Healing
- INTS 317: Issues in Family Relationships
- INTS 405: Women and Leadership
- INTS 410: Contemporary Health Issues
- INTS 440: Death, Dying, and Decision Making
- PSYC 362: Psychology of Gender
- PSYC 379: Applied Cross-Cultural Psychology
- PSYC 415: Psychological Factors in Aging
- PSYC 418: Death, Dying and Grieving
- PSYC 379: Applied Cross-Cultural Psychology
- PSYC 466: Psychology of Intimate Relationships
- SOCI 308: Race and Ethnicity in a Changing World
- SOCI 309: Marriage, Families, and Intimate Life
- SOCI 315: Contemporary Gender Relations
- SOCI 341: Sociology of Aging
- SOCI 390: Sociology of Health, Illness, and Disability
- SOCW 435: Intro to Gerontology
- WMST 300: Current Issues in Women and Gender Studies
- WMST 302: Cultural Constructions of Sexualities
- WMST 307: Women and Work
- WMST 308: Intro to Lesbian, Gay, Bisexual, Transgender, Transsexual and Queer Studies

*Other courses of interest may be approved by the program coordinator

❖ **Electives, 13-23 credits**

Total: 120 Credits

Academic Requirements: 120 total credits; 45 Upper Level Credit Hours; 30 Hours (12 upper level) for GMU Residency Requirement; Completion of Mason Core courses; GPA of at least 2.0

Suggested Academic Plan (to be supplemented by Mason Core and Electives)

Semester	Course	Credits	Prerequisites
1 st Year Fall	HDFS 200: Individual and Family Development	3	
1 st Year Spring	HDFS 250: Family Finance and Resource Management	3	
2 nd Year Fall	ADA Concentration Elective #1	3	
2 nd Year Spring	HDFS 300: Individual and Family Services Delivery	3	<i>HDFS 200</i>
	ADA Concentration Elective #2	3	
3 rd Year Fall	ECED 401: Developmental Pathways of Diverse Learners OR PSYC 313: Child Development	3	
	INTS 321: Parent-Child Relations OR ECED 404: Engaging Families of Diverse Young Learners	3	
	SOCI 303: Sociological Research Methodology OR PSYC 301: Research Methods in Psychology	4	<i>SOCI 101 or 102</i>
3 rd Year Spring	PSYC 415: Psychological Factors in Aging OR SOCI 341: Sociology of Aging OR HHS 432: Healthy Aging	3	<i>PSYC 100</i>
	ADA Concentration Elective #3	3	
	ADA Concentration Elective #4	3	
4 th Year Fall	HDFS 498: Internship	3	<i>HDFS 300</i>
	ADA Concentration Elective #5	3	
	HDFS 400: Advanced Family Processes	3	<i>HDFS 200</i>
4 th Year Spring	HDFS 401: Family Law and Public Policy	3	<i>HDFS 200</i>
	HDFS 499: Advanced Internship	3	<i>HDFS 498</i>

Additional information regarding College-Level Requirements:

- One course (3 credits) in philosophy or religious studies: Fulfilled by any course in PHIL or RELI except PHIL 323, 324, 327, 393, 460. PHIL 253 cannot be used to fulfill both the philosophy/religious studies requirement and the Mason Core literature requirement.
- One course (3 credits) in social and behavioral science: 3 credits in addition to the university-wide requirement in social and behavioral science for a total of 6 credits. The two courses used to fulfill the combined college and university requirements must be from different disciplines in the social and behavioral sciences. The courses used to fulfill this requirement must be in addition to the course used to fulfill the university requirement in western civilization/world history. This requirement may be fulfilled by any course in ANTH, CRIM, ECON, GOVT, HIST (except 100 or 125), LING, PSYC, or SOCI and these courses in GGS: 101, 103, 110, 301, 303, 304, 305, 306, 315, 316, 320, 325, 330, 357, 380.
- One course (3 credits) in non-Western culture. For an approved list of courses: <http://chss.gmu.edu/general-education/non-western-culture> The same course cannot be used to fulfill this requirement and the Mason Core requirement in global understanding. Students who have attended high school in a non-Western country for four or more years may be eligible for a waiver of this requirement.
- Students can demonstrate language proficiency by completing an approved intermediate-level sequence in one foreign language. George Mason's intermediate-level language sequence is 110 (6 credits) and 210 (3 credits). The Latin sequence is 101, 102, 201, 202 (all 3 credits). The American Sign Language sequence is EDSE 115, 116, and 219 (all 3 credits). Students can demonstrate language proficiency by achieving a satisfactory score on the placement test administered by the Department of Modern and Classical Languages. Students will be granted a waiver of the foreign language requirement if their test score places them beyond a course numbered 210 (202 for Latin). Students who are granted a waiver do not receive credit.