

Therapeutic Recreation (TR) Concentration 2019-2020

Bachelor of Science Degree in Health, Fitness, and Recreation Resources

Visit us at rht.gmu.edu/tr/

- ❖ **Mason Core, 38 credits:** For current list of approved courses: catalog.gmu.edu/mason-core/
 - Written Communication - 3 Credits (**ENGL 101^C**)
 - Written Communication - 3 Credits (**ENGL 302^C**)
 - Oral Communication - 3 credits
 - Information Technology - 3 Credits
 - Quantitative Reasoning - 3 Credits (**STAT 250^C**)
 - Literature - 3 Credits
 - Arts - 3 Credits
 - Western Civilization - 3 Credits
 - Social and Behavioral Sciences - 3 Credits (**PSYC 100**)
 - Global Understanding - 3 Credits
 - Natural Science - 8 Credits (**BIOL 124^C & 125**)
- ❖ **Therapeutic Recreation - Recreation Management Concentration, 71 credits**
 - ATEP 120: First Aid & Emergency Care
 - KINE 450: Research Methods
 - PRLS 210: Intro to Rec & Leisure
 - PRLS 241: Practicum
 - PRLS 310: Prog Planning & Evaluation
 - PRLS 316: Leadership and Outdoor Ed.
 - PRLS 317: Social Psych of Play & Rec
 - PRLS 323: Program Leadership & Eval.
 - PRLS 327: Foundations of TR
 - PRLS 405: Plan. and Oper of Rec Facilities
 - PRLS 410: Admin of SRT Orgs I
 - PRLS 411: Admin of SRT Orgs II
 - PRLS 416: Trends & Prog Assessment TR
 - PRLS 417: Processes, Technqs, & Sup. TR
 - PRLS 418: Assessment in TR
 - PRLS 460: Sport and Recreation Law
 - PRLS 490: Rec Mgt Internship
 - PRLS 503: Admin&Disability Rights in TR
 - PSYC 211: Developmental Psychology
 - PSYC 325: Abnormal Psychology
 - SRST 200: Hist Sport & Leisure America
- ❖ **Electives, 11 Credits:** (Suggested ATEP 201 Medical Terminology, RECR, Psychology minor)

Total: 120 Credits

Suggested Academic Plan (to be supplemented by Mason Core and Electives)

Semester	Course	Credits	Prerequisites
1 st Year Fall	PRLS 210 Intro to Recreation & Leisure	3	
	PSYC 100 Basic Concepts in Psychology	3	
	SRST 200 History of Sport & Leisure in America	3	
1 st Year Spring	BIOL 124 Human Anatomy & Physiology	4	
	PRLS 327 Foundations of TR	3	
	PSYC 211 Developmental Psychology	3	
2 nd Year Fall	ATEP 120 First Aid & Emergency Care	2	
	BIOL 125 Human Anatomy & Physiology	4	<i>BIOL 124</i>
	PRLS 310 Program Planning & Evaluation	3	<i>PRLS 210 or SRST 200</i>
	PRLS 416 Trends & Program Assessment in TR	3	<i>PRLS 327</i>
2 nd Year Spring	PRLS 241 Practicum	3	<i>PRLS 210 or PRLS 316</i>
	PRLS 323 Program Leadership and Evaluation	3	<i>PRLS 310</i>
	PRLS 317 Social Psych of Play & Rec	3	<i>PRLS 210 or SRST 200</i>
	PRLS 417 Processes, Techniques, & Sup. in TR	3	<i>PRLS 327</i>
3 rd Year Fall	PRLS 316 Leadership and Outdoor Education	3	
	PRLS 410 Admin of SRT Organizations I	3	<i>60 Credits</i>
	PSYC 325 Abnormal Psychology	3	
3 rd Year Spring	PRLS 418 Assessment in Therapeutic Recreation	3	<i>PRLS 327</i>
	PRLS 460 Sport & Recreation Law	3	<i>60 Credits</i>
	STAT 250 Introduction to Statistics I	3	
4 th Year Fall	PRLS 405 Plan and Operations of Rec Facilities	3	<i>60 Credits</i>
	PRLS 411 Admin of SRT Organizations II	3	<i>PRLS 410</i>
	KINE 450 Research Methods (Writing Intensive)	3	<i>STAT 250, junior or senior status</i>
	PRLS 503 Admin & Disability Rights in TR	3	<i>PRLS 460</i>
4 th Year Spring	PRLS 490 Rec Mgt Internship - Capstone	12	<i>All courses completed/ Mandatory Internship Meeting</i>

Academic Requirements: 120 total credits; 45 upper level credit hours; 30 hours (12 upper level) GMU residency requirement; completion of Mason Core courses; and GPA of at least 2.0

Accredited by The Council on Accreditation of Parks, Recreation, Tourism and Related Professions (COAPRT)

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Suggested Transfer Academic Plan for Therapeutic Recreation - Recreation Management Concentration:

- Assumes completion of BIOL 124, 125, and PSYC 100, *all* Mason Core [except ENGH 302 and STAT 250].
- If 11 credits of electives have not been acquired, they must supplement this plan

Semester	Course	Credits	Prerequisites
1 st Year Fall	ENGH 302 Advanced Composition	3	<i>Lower-level ENGH^C</i>
	ATEP 120 First Aid & Emergency Care	2	
	SRST 200 History of Sport & Leisure in America	3	
	PRLS 210 Intro to Recreation & Leisure	3	
	PRLS 316 Leadership and Outdoor Education	3	
1 st Year Spring	PRLS 310 Program Planning & Evaluation	3	<i>PRLS 210 or SRST 200</i>
	PRLS 317 Social Psych of Play & Recreation	3	<i>PRLS 210 or SRST 200</i>
	PRLS 327 Foundations of Therapeutic Recreation	3	
	PSYC 211 Developmental Psychology	3	
	PRLS 241 Practicum	3	<i>PRLS 210 or PRLS 316</i>
1 st Year Summer	PRLS 410 Admin of SRT Organizations I	3	<i>60 Credits</i>
	PRLS 460 Sport & Recreation Law	3	<i>60 Credits</i>
2 nd Year Fall	STAT 250 Introduction to Statistics I	3	
	PRLS 323 Program Leadership & Evaluation	3	<i>PRLS 310</i>
	PRLS 411 Admin of SRT Organizations II	3	<i>PRLS 410</i>
	PRLS 416 Trends & Program Assessment in TR	3	<i>PRLS 327</i>
	PRLS 503 Admin & Disability Rights in TR	3	<i>PRLS 460</i>
2 nd Year Spring	PRLS 405 Plan and Operation of Rec Facilities	3	<i>60 Credits</i>
	PRLS 417 Processes, Techniques, & Sup. in TR	3	<i>PRLS 327</i>
	PRLS 418 Assessment in Therapeutic Recreation	3	<i>PRLS 327</i>
	KINE 450 Research Methods (Writing Intensive)	3	<i>STAT 250, junior or senior status</i>
	PSYC 325 Abnormal Psychology	3	
2 nd Year Summer	PRLS 490 Rec Mgt Internship - Capstone	12	<i>All courses completed/ Mandatory Internship Meeting</i>

Academic Requirements: 120 total credits; 45 upper level credit hours; 30 hours (12 upper level) GMU residency requirement; completion of Mason Core courses; and GPA of at least 2.0

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Therapeutic Recreation Advising Questions

<https://rht.gmu.edu/recreation-management/>

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Appointments: <https://rht.gmu.edu/recreation-management/advising>