

**GEORGE MASON UNIVERSITY**  
**B.A. DEGREE IN HUMAN DEVELOPMENT AND**  
**FAMILY SCIENCE (Family Health and Well Being)**  
**A joint program of the COLLEGE OF EDUCATION AND HUMAN DEVELOPMENT and**  
**The COLLEGE OF HUMANITIES AND SOCIAL SCIENCES**  
**110 Thompson Hall ; Dr. Bethany Letiecq; (703) 993- 5076; [bletiecq@gmu.edu](mailto:bletiecq@gmu.edu)**  
<http://hdfs.gmu.edu/human-development-family-science>  
**2016-2017 CATALOG**

<b>MASON CORE REQUIREMENTS (*37)</b>	<u>Department(s) &amp; Course #(s)</u>	<u>Completed/ Grade(s)</u>	<u>Needed</u>
a. Written Communication: ENGH 101 (100), ENGH 302 (C or better) (3,3)		_____	_____
b. Oral Communication: COMM 100 or 101 (please circle choice) (3)		_____	_____
c. Quantitative Reasoning (3)		_____	_____
d. Literature (3)	_____	_____	_____
e. Arts (3)	_____	_____	_____
f. Western Civilization (3)	_____	_____	_____
g. Social & Behavioral Science (3)	_____	_____	_____
h. Natural Science (4,3)	_____	_____	_____
i. Global Understanding (3)	_____	_____	_____
j. Information Technology (3)	_____	_____	_____
k. Synthesis (satisfied by HDFS 400)	_____	_____	_____

Go to: <http://masoncore.gmu.edu/> to link to information on Mason Core requirements.

<b>COLLEGE REQUIREMENTS (*18)</b>	<u>Department(s) &amp; Course #(s)</u>	<u>Completed/ Grade(s)</u>	<u>Needed</u>
a. Foreign Language: Intermediate level in a single foreign language.		_____	_____
b. Philosophy or Religious Studies (3) (not PHIL 323, 324, 327, 393, 460) _____		_____	_____
(PHIL 253 and RELI 235 cannot be used to fulfill both the PHIL/RELI requirement and the Mason Core literature requirement.)			
c. Three credits in social & behavioral sciences in addition to the university-wide requirement in social & behavioral science for a total of 6 credits. The two courses used to fulfill the combined college and university requirements must be from different disciplines. This requirement may be fulfilled by completing any course in ANTH, CRIM, ECON, GOVT, HIST (except 100 or 125), LING, PSYC, or SOCI & these courses in GGS: 101, 103, 110, 301, 303, 304, 305, 306, 315, 316, 320, 325, 330, 357, 380.		_____	_____
d. Non-Western Culture	_____	_____	_____

\*The number of hours needed to fulfill Mason Core requirements may vary; see the University Catalog for information. The two courses used to fulfill the college and university requirements for social & behavioral sciences must be from different disciplines.

<b>MAJOR REQUIREMENTS (33 credits required)</b>	<u>Department(s) &amp; Course #(s)</u>	<u>Completed/ Grade(s)</u>	<u>Needed</u>
a. ECED 401 or PSYC 313; ECED 404 or INTS 321 (3,3)		a. _____	_____
b. HDFS 200, HDFS 250 (3,3)		b. _____	_____
c. HDFS 300, HDFS 400 (3,3)		c. _____	_____
d. HDFS 401, HDFS 498 (3,3)		d. _____	_____
e. HDFS 499; PSYC 415 or HHS 432 or SOCI 341 (3,3)		e. _____	_____
f. SOCI 303 (3) or PSYC 301 (3)		f. _____	_____

**CONCENTRATION IN FAMILY HEALTH AND WELL BEING (15 credits required)**  
 Fifteen credits chosen from the following (list courses): COMM 334 (3), EDUC 203 (3), GCH 300 (3), GCH 310 (3), GCH 332 (3), GCH 350 (3), GCH 445 (3), HAP 301 (3), HAP 445 (3), HEAL 110 (3), HEAL 220 (3), HEAL 230 (3), HEAL 310 (3), HEAL 325 (3), HEAL 327 (3), HEAL 331 (3), HEAL 351 (3), HEAL 372 (3), INTS 314 (6), INTS 317 (4), INTS 410 (3-18), INTS 440 (3), NUTR 442 (3), PSYC 379 (3), PSYC 418 (3), PSYC 466 (3), SOCI 308 (3), SOCI 309 (3), SOCI 355 (3), SOCI 390 (3), WMST 300 (1-6), WMST 303 (3), WMSDT 308 (3), or other course approved by the program director.

_____	_____	_____
_____	_____	_____
_____	_____	_____

<b>GENERAL ELECTIVES (List courses)</b>	<u>Department(s) &amp; Course #(s)</u>	<u>Completed/ Grade(s)</u>	<u>Needed</u>
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

**MINIMUM HOURS TO GRADUATE: 120**  
**UPPER DIVISION HOURS (minimum 45):**

This planning form is intended to be used in consultation with your academic advisor and reflects the requirements for the 2016-2017 Catalog; the University Catalog is the official reference for program requirements.

## Course Lists (Human Development and Family Science) Mason Core Requirements

Written Communication: ENGH 101 (or 100) and ENGH 302

Oral Communication: COMM 100 or COMM 101

Quantitative Reasoning: MATH 106, 108, 110, 111, 113, 115, 123 and 124, 125; SOCI 313; STAT 250. The Math Placement Test is required to take MATH 108, 113, 115, 123, and 125. See this web site for more information: [http://math.gmu.edu/placement\\_test.php](http://math.gmu.edu/placement_test.php)

Literature: ARAB 325; CHIN 310, 311, 325, 328; CLAS 250, 260, 340, 350, 360, 380; ENGH 201, 202, 203, 204; FREN 325, 329; FRLN 330; GERM 325; ITAL 320, 325; JAPA 340; KORE 311; PHIL 253; RELI 235; RUSS 325, 326, 327; SPAN 325

Arts: ARTH 101, 102, 103, 200, 201, 203, 204, 321, 322, 324, 333, 334, 335, 340, 341, 342, 344, 345, 360, 362, 370, 372, 373, 376; AVT 103, 104, 215, 222, 232, 243, 252, 253, 262, 272, 385; DANC 101, 119, 125, 131, 145, 161, 225, 231, 245, 301, 325, 331, 345, 425, 445, 390, 391; ENGH 370, 372, 396; FAVS 225; GAME 101; MUSI 100, 101, 102, 107, 280, 301, 302, 380, 381, 382, 383, 384, 385, 387, 389, 485; PHIL 156; THR 101, 150, 151, 210, 230, 395, 411, 412.

Western Civilization: HIST 100 or 125; transfer students may substitute: the following courses for HIST 100: HIST 101, 102, 301, 302, 304, 305, 306, 308, 309, 312, 314, 322, 388, 436, 480; and the following courses for HIST 125: HIST 202, 387.

Social and Behavioral Sciences: AFAM 200; ANTH 114, 120, 135, 363, 372, 396; BUS 100; CONF 101; CONS 410; CRIM 100; ECON 100, 103, 104, 105, 367; EDUC 203, 372; GGS 103; GOVT 101, 103, 367; HEAL 230; HIST 121, 122; LING 306; PSYC 100, 211, 231; SOCI 101, 352, 355; TOUR 311; WMST 200

Natural Sciences: ASTR 111/112, 113/114, 115; BIOL 103, 104; BIOL 213; CDS 101/102; CHEM 103,104,155,156; CHEM 211/213, 212/214, 251; CLIM 102, 111/112; EVPP 110,111; GEOL 101,102; GGS 121; PHYS 103,104; PHYS 111/112; PHYS 243/244, 245/246; PHYS 160/161, 260/261; 262/263

Non-lab: ANTH 135; ASTR 103, 302; BIOL 140; CHEM 101, 102, 201, 202; CLIM 101; EVPP 201; GEOL 134; GGS 102; NUTR 295; PHYS 106; PROV 301

Global Understanding: ANTH 302, 306, 307, 308, 309, 311, 312, 313, 316, 331, 332; ARTH 319, 320, 380, 382, 383, 384, 385, 386; BUS 200; CEIE 100; COMM 305, 456; CRIM 405; DANC 118, 318, 418; ECON 360, 361, 362, 380, 390; ENGH 362, 366; FAVS 300; FRLN 331; GCH 205; GGS 101; GLOA 101; GOVT 132, 133; HIST 251, 252, 261, 262, 271, 272, 281, 282, 328, 329, 356, 357, 358, 360, 364, 365, 387, 460, 462; JAPA 310; MBUS 305; MUSI 103, 431; PHIL 243; PSYC 379; RELI 100, 211, 212, 313, 315, 320, 322, 341, 374; RUSS 354; SOCI 120, 320, 332; SPAN 322, 466; SYST 202; THR 359, TOUR 210; WMST 100

Information Technology: **One of these courses:** ANTH 395, CDS 130, CS 100, GOVT 300, HIST 390, IT 104, MIS 303, MUSI 259 **or Course(s) from a) and one course from b):** a) AVT 180; CS 112; PHYS 251; PSYC 300, 301, & 372 (all three must be taken and in sequence); SOCI 410 b) CDS 151, CEIE 409, CS 105, ENGR 107, IT 304, PHIL 112

Synthesis: HDFS 400

### Additional Requirements

Foreign Language: Demonstrated intermediate-level proficiency in one foreign language. See this web site for more information: <http://chss.gmu.edu/general-education/foreign-language-requirement> (EDSE 115, 116, and 219—ASL--may also be used)

Philosophy or Religious Studies: This can be fulfilled by any course in philosophy or religious studies except for PHIL 323, 324, 327, 393, 460. (PHIL 253 and RELI 235 cannot be used to fulfill both the philosophy/religious studies requirement and the Mason Core literature requirement.)

Social Sciences: This can be fulfilled by any course in ANTH; CRIM; ECON; GOVT; HIST (except 100 or 125); LING; PSYC; SOC; or GGS 101, 103, 110, 301, 303, 304, 305, 306, 315, 316, 320, 325, 330, 357, 380.

Non-western Culture: ANTH 114, 300, 301, 302, 306, 307, 308, 309, 313, 314, 316, 323, 330, 332, 381, 383, 396; ARAB 420, 440; ARTH 203, 204, 319, 320, 380, 382, 383, 384, 385, 386, 482; CHIN 318, 320, 325; DANC 118; ECON 361, 362; FREN 451, 454; GGS 101, 316, 325, 330, 399; GOVT 328, 332, 333, 340, 341, 345, 432, 433; HIST 251, 252, 261, 262, 271, 272, 281, 282, 326, 327, 328, 329, 353, 354, 356, 357, 358, 360, 364, 365, 366, 367, 387, 426, 460, 461, 465; JAPA 310, 340; MUSI 103; RELI 211, 212, 240, 272, 313, 314, 315, 337, 365, 374, 375, 379, 387, 490; RUSS 353, 354.

**Note:** Students do not have to meet each requirement with a separate course; i.e. it is possible that a single course may be used to fulfill more than one college requirement; a single course may fulfill a Mason Core requirement and a college requirement; a course may fulfill a Mason Core requirement and/or a college requirement and a requirement for the major.