

**GEORGE MASON UNIVERSITY  
SCHOOL OF RECREATION, HEALTH, AND TOURISM  
B.S. DEGREE IN HEALTH, FITNESS AND RECREATION RESOURCES  
PARKS AND OUTDOOR RECREATION (POR) CONCENTRATION  
(228C Bull Run Hall, 703-993-2068)**

<http://rht.gmu.edu/parks-outdoor-recreation/undergraduate-degree>

**2014-2015 CATALOG**

	<u>Department(s) &amp; Course #(s)</u>	<u>Completed/ Grade(s)</u>	<u>Needed</u>
<b><u>MASON CORE REQUIREMENTS (38)</u></b>			
a. Written Communication: ENGH 101 (100), ENGH 302 (C or better) (3,3)		___ ___	___ ___
b. Oral Communication: COMM 100 or 101 (circle choice) (3)		_____	_____
c. STAT 250 (3)		_____	_____
d. Literature (3)	_____	_____	_____
e. Arts (3)	_____	_____	_____
f. Western Civilization (3)	_____	_____	_____
g. Social & Behavioral Science (3)	_____	_____	_____
h. Natural Science (4,4)	_____ , _____	___ ___	___ ___
i. Global Understanding (3)	_____	_____	_____
j. Information Technology (3)	_____	_____	_____
k. Synthesis (Satisfied by PRLS 490)	_____	_____	_____

Go to: <http://provost.gmu.edu/gened/general-education-requirements/> to link to information on Mason Core requirements.

**PROFESSIONAL SEQUENCE (70)**

a. HEAL 205 (4)		a. _____	_____
b. PHED 200 (3)		b. _____	_____
c. PRLS 210 (3)		c. _____	_____
d. PRLS 241 (3)		d. _____	_____
e. PRLS 300 (3)		e. _____	_____
f. PRLS 302 (3)		f. _____	_____
g. PRLS 310 (3)		g. _____	_____
h. PRLS 316 (3)		h. _____	_____
i. PRLS 317 (3)		i. _____	_____
j. PRLS 327 (3)		j. _____	_____
k. PRLS 323 (3)		k. _____	_____
l. PRLS 362 (3)		l. _____	_____
m. PRLS 402 (3)		m. _____	_____
n. PRLS 405 (3)		n. _____	_____
o. PRLS 410 (3)		o. _____	_____
p. PRLS 411 (3)		p. _____	_____
q. PRLS 450 (writing intensive course) (3)		q. _____	_____
r. PRLS 460 (3)		r. _____	_____
s. PRLS 490 (12)		s. _____	_____
t. PRLS 501 (3)		t. _____	_____

**GENERAL ELECTIVES (12)** (List courses)

_____		___ ___	___ ___
_____		___ ___	___ ___
_____		___ ___	___ ___

**MINIMUM HOURS TO GRADUATE: 120**

**UPPER DIVISION HOURS (minimum 45):**

This planning form is intended to be used in consultation with your academic advisor and reflects the requirements for the 2014-2015 Catalog; the University Catalog is the official reference for program requirements.

# COURSE LISTS (HEALTH, FITNESS, AND RECREATION RESOURCES: PARKS AND OUTDOOR RECREATION)

## Mason Core Requirements

Written Communication: ENGH 101 (or 100) and ENGH 302

Oral Communication: COMM 100 or COMM 101

Quantitative Reasoning: **STAT 250**

Literature: ARAB 325; CHIN 310, 311, 325, 328; CLAS 250, 260, 340, 350, 360, 380; ENGH 201, 202, 203, 204; FREN 325, 329; FRLN 330; GERM 325; ITAL 320, 325; JAPA 340; PHIL 253; RELI 235; RUSS 325, 326, 327; SPAN 325

Arts: ARTH 101, 102, 103, 200, 201, 203, 204, 321, 322, 324, 333, 334, 335, 340, 341, 342, 344, 345, 360, 362, 370, 372, 373, 376; AVT 103, 104, 215, 222, 232, 243, 252, 253, 262, 272; DANC 101, 119, 125, 131, 145, 161, 225, 231, 245, 301, 354, 445, 390, 391; ENGH 370, 372, 396; FAVS 225; GAME 101; MUSI 100, 101, 102, 107, 280, 301, 302, 380, 381, 382, 383, 384, 385, 387, 389, 485; PHIL 156; THR 101, 150, 151, 210, 230, 395, 411, 412.

Western Civilization: HIST 100 or 125; transfer students may substitute: the following courses for HIST 100: HIST 101, 102, 301, 302, 304, 305, 306, 308, 309, 312, 314, 322, 388, 435, 436, 480; and the following courses for HIST 125: HIST 202, 387.

Social and Behavioral Sciences: AFAM 200; ANTH 114, 120, 135, 396; CONF 101; CONS 410; CRIM 100; ECON 100, 103, 104, 105, 110, 111 (110 and 111 must be taken together); EDUC 372; GGS 103; GOVT 101, 103, 367; HEAL 230; HIST 121, 122; LING 306; PSYC 100, 211, 231; SOCI 101, 352, 355; SOM 100; TOUR 311; WMST 200

Natural Sciences: ASTR 111/112, 113/114, 115; BIOL 103, 104; BIOL 213; CDS 101/102; CHEM 103, 104, 155, 156; CHEM 211, 212, 251; CLIM 102, 111/112; EVPP 110, 111; GEOL 101, 102; GGS 121; PHYS 103, 104; PHYS 111/112; PHYS 243/244, 245/246; PHYS 160/161, 260/261, 262/263

Global Understanding: ANTH 302, 304, 306, 307, 308, 309, 311, 312, 313, 316, 331, 332, 385; ARTH 319, 320, 380, 382, 383, 384, 385, 386; CEIE 100; COMM 305, 456; CRIM 405; DANC 118, 318, 418; ECON 360, 361, 362, 380, 390; ENGH 362, 366; GCH 205; GGS 101; GLOA 101; GOVT 132, 133; HIST 130, 251, 252, 261, 262, 271, 272, 281, 282, 328, 329, 356, 358, 360, 364, 365, 387, 460, 462; JAPA 310; MSOM 305; MUSI 103, 431; PHIL 243; PSYC 379; RELI 100, 211, 212, 313, 315, 341, 374; RUSS 354; SOCI 120, 320, 332; SPAN 322; SYST 202; THR 359, TOUR 210; WMST 100

Information Technology: **One of these courses**: ANTH 395, CDS 130, CHEM 350, CS 100, GOVT 300, HIST 390, IT 103, MUSI 259 **or Course(s) from a) and one course from b)**: **a)** AVT 180; CS 112; PHYS 251; PSYC 300, 301, & 372 (all three must be taken and in sequence); SOCI 410 **b)** CDS 151, CEIE 409, CS 105, ENGR 107, IT 304, PHIL 112

Synthesis: **PRLS 490**