

# FOOD SYSTEMS MINOR

**Banner Code:** FOOD

## Academic Advising

Website: <https://chhs.gmu.edu/students/academic-advising/undergraduate-advising/nutrition-and-food-studies-advisor>

This minor is designed to provide students from a range of disciplines with the knowledge and skills to understand how factors of the food system affect the health of a community (e.g., nutrition, food security, inequity, agriculture, food safety). Using a systems approach, students will study the interrelating components, drivers, and outcomes in the national and global food systems, including the obesity epidemic, food security, and the environmental impact of agriculture.

MBUS 303	Marketing in a Global Economy
PHIL 243	Global Environmental Ethics (Mason Core)
or PHIL 343	Topics in Environmental Philosophy (Mason Core)
or PHIL 358	Ethics and Economics
TOUR 310	Food and Beverage Management
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Total Credits	15

## Admissions & Policies

### Policies

To complete the minor, students are required to pass at least 15 credits of undergraduate coursework. At least 6 credits must be completed at Mason, and no more than 3 credits of C- or D in the minor are accepted.

Students should be familiar with university-wide requirements for minors described in AP.5.3.4 Minors.

## Requirements

### Minor Requirements

Total credits: minimum 15

#### Required Courses

Code	Title	Credits
NUTR 295	Introduction to Nutrition (Mason Core)	3
NUTR 318	Global Nutrition and Food Security	3
NUTR 326	Food Systems	3
NUTR 383	Taste and Place	3
Select one course from the following:		3
NUTR 312 & NUTR 313	Experimental Foods and Experimental Foods Lab	
NUTR 410	Introduction to Food Safety and Defense	
NUTR 315	Fundamentals of Cooking	
NUTR 430	Introduction to Wine and Beer	
NUTR 435	Urban Agriculture	
ANTH 366	Food and Human Evolution	
BIOL 385	Biotechnology and Genetic Engineering	
EVPP 442	Urban Ecosystems and Processes	
INTS 371	Food Systems and Policy (Mason Core)	
INTS 338	Animal Rights and Humane Education	
INTS 370	Sustainable Food Systems	
INTS 470	Professional Pathways in Sustainable Food Systems	
INTS 402	Plants and People - Sustenance, Ceremony, and Sustainability	