

MUSIC AND WELL-BEING MINOR

Banner Code: MUWB

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The minor is designed to allow participation by students with minimal formal musical training. The coursework allows students to explore the connections between music and consciousness and between vibration, mindfulness, and well-being.

¹ Students demonstrating proficiency in keyboard, percussion, or guitar may substitute other MUSI 100-MUSI 499 courses at the discretion of the Program Coordinator.

² A grade of S (satisfactory) must be earned each semester

Admissions & Policies

Admissions

Admission to the Music and Well-Being minor is by interview with the minor coordinator.

Policies

University policy states that students must earn 8 distinct credits that are not used for their major toward their minor, with a minimum grade of 2.00 earned in all courses applied to the minor. For policies governing all minors, see AP.5.3.4 Minors.

Requirements

Minor Requirements

Total credits: 18

Coursework

Code	Title	Credits
MUSI 100 or MUSI 115	Fundamentals of Music (Mason Core) Theory I	3
MUSI 101	Introduction to Classical Music (Mason Core)	3
MUSI 171	Keyboard Skills I ¹	1
Two semesters of		
MUSI 300	Recital Attendance ²	
MUSI 366	Class Percussion ¹	1
MUSI 367	Class Guitar ¹	1
MUSI 455	Music as a Healing Art	3
MUSI 477	Music and Consciousness	3
Three credits of		
MUSI 485	Chamber Ensembles (Mason Core) (Healing Arts Ensemble)	3
Total Credits		18